

# RIDGE MEADOWS FLAMES JUNIOR HOCKEY CLUB

## *2017 Summer Preparation Camp – Midget & Junior Players*

**Ridge Meadows Flames Summer Preparation Camp. (Birth Years 1997-2002)**  
**11 Ice Sessions: June 14, 21, 28, July 5 & 12 - 60mins during the evening. Ice times are 6-7pm**  
**July 18, 20, 25, 27, Aug 1 and 3 - 75mins. Ice times are 7-8:15pm**

**Ice times will consist of 30-40mins of skills and 30-40mins of scrimmage.**  
**This summer camp will concentrate on skills and conditioning. (Camp will be non contact)**  
**Ice Sessions will be located at Planet Ice Maple Ridge.**  
**Flames Coaching Staff will be running each session.**

**\*\*Please print clearly. Thank you\*\***

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Phone No: \_\_\_\_\_ E-mail: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shot (Left or Right): \_\_\_\_\_

Position (1st choice): \_\_\_\_\_ Position (2nd choice): \_\_\_\_\_

Team Played for in 2016-17: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Injuries and/or Medical Problems which the Trainer should be aware of: \_\_\_\_\_

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As parents of the above named player, I (please print name in full) \_\_\_\_\_, do hereby consent to said player participating in all activities at the Ridge Meadows 'Flames' Junior Hockey Club Inc. camp, and do hereby release, absolve, indemnify and save harmless the Ridge Meadow Flames Junior Hockey Club Inc., their employees, officers, coaching staff, governors, and/or volunteers from any claim(s) which may arise as a result of his/her participation. I assume all risks and hazards incidental to the Camp and do hereby waive all claims whatsoever which I or the above named player may have against the Ridge Meadows Flames Junior Hockey Club Inc. Each player is required to wear his/her CHA approved equipment from the last season played in 2016-17.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Payment of \$275.00 (includes GST) In full must accompany registration.**

**\*NO REFUNDS AFTER June 1/17\***

**Cheques payable to: Ridge Meadows Flames**

**OR - E-Transfer payment to [ilaender@shaw.ca](mailto:ilaender@shaw.ca)**

**c/o 1400 Oxford st Coquitlam, BC V3E 3H9**

**We would ask that your E-Mail be included and correct as we will be communicating via e-mail**