

# RIDGE MEADOWS FLAMES JUNIOR HOCKEY CLUB

## *2015 Summer Preparation Camp – Midget & Junior Players*

**Ridge Meadows Flames Summer Preparation Camp. (Birth Years 95,96,98, 99 & 2000)**

**8 Ice Sessions Tuesdays and Thursdays. July 14, 16, 21, 23, 28, 30, Aug.4 & 6 from 7-8:15pm.**

**Ice times will consist of 30-40mins of skills and 30-40mins of scrimmage.**

**This summer camp will concentrate on skills and conditioning.(Camp will be non contact)**

**Ice Sessions will be located at Planet Ice Maple Ridge.**

**Camp Head Instructor: Ridge Meadows Flames Head Coach Jamie Fiset**

**Flames Coaching Staff will also be assisting.**

\*\*Please print clearly. Thank you\*\*

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Phone No: \_\_\_\_\_ E-mail: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shot (Left or Right): \_\_\_\_\_

Position (1st choice): \_\_\_\_\_ Position (2nd choice): \_\_\_\_\_

Team Played for in 2014-15: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Injuries and/or Medical Problems which the Trainer should be aware of: \_\_\_\_\_

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As parents of the above named player, I (please print name in full) \_\_\_\_\_, do hereby consent to said player participating in all activities at the Ridge Meadows 'Flames' Junior Hockey Club Inc. camp, and do hereby release, absolve, indemnify and save harmless the Ridge Meadow Flames Junior Hockey Club Inc., their employees, officers, coaching staff, governors, and/or volunteers from any claim(s) which may arise as a result of his/her participation. I assume all risks and hazards incidental to the Camp and do hereby waive all claims whatsoever which I or the above named player may have against the Ridge Meadows Flames Junior Hockey Club Inc. Each player is required to wear his/her CHA approved equipment from the last season played in 2014-15.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Payment of \$250.00 In full must accompany registration.**

**\*NO REFUNDS AFTER June 12/15\***

**Cheques payable to: Ridge Meadow 'FLAMES',**

**c/o 1400 Oxford st Coquitlam, BC V3E 3H9**

**(Camp Includes Flames Practice Jersey)**

**We would ask that your E-Mail be included and correct as we will be communicating via e-mail**